

APPENDIX B-WARRIOR FORGE CADET CLOTHING RECORD

CADET NAME: _____ SSN _____ REGT _____ REGION _____
 UNIVERSITY AND ADDRESS _____

ITEM	SIZE	CADET REQUIRED TO BRING	REQUIRED FROM SCHOOL	ISSUED AT CIF
1. Coat, Cold Weather, BDU			1	
2. Cap, BDU			1	1
3. Coat, BDU			4	4
4. Trousers, BDU			4	4
5. Boots, Combat			2	
6. T-Shirt Athletic (PT)			2	
7. Trunks, Gen. Purpose (PT)			2	
8. PFU Jacket			1	
9. IPFU Pants, Blk			1	
10. Socks, wool, Blk			2 pr	8 pr
11. Glove, Leather Blk			1 pr	
12. Glove, Insert wool			1 pr	
13. Insignia, ROTC as required for CTLT & CPFT			as required	
14. Bag, Duffel			1	
15. Bag, Waterproof			1	
16. Belt, Black			2	
17. Belt, Indiv Equip (pistol)			1	
18. Canteen, Water (1 qt)			2	
19. Cup, Canteen			1	
20. Cover, Canteen			2	
21. Case, First Aid			1	
22. Case, SA 30 Rd Magazine			2	
23. Compass, Lensatic, w/case			1	
24. Parka w/w olv grn or camo			1	
25. Trousers, w/w/olv grn or camo			1	
26. Suspenders, LBE w/web belt			1	
27. Undershirt, Brown			4	6
28. Underwear		10 pr		
29. Shoe Polish Kit		1		
30. Swimsuit		1		
31. Bra (Females)		5		
32. Shoes, Shower		1		
33. Notebook, Pocket		1		
34. Padlock, Key/Combination		2		
35. Identification Tag			2	

APPENDIX B – WARRIOR FORGE CADET CLOTHING RECORD (CONT#1.)

ITEM	SIZE	CADET REQUIRED TO BRING	REQUIRED FROM SCHOOL	ISSUED AT CIF
36. Eyeglasses (if worn)		2		
37. Flashlight (OD or black)			1	
38. Barracks Bag				2
39. Poncho			1	
40. TACSOP and FM 7-8			1	
41. Handkerchiefs		*ad		
42. Shoes, Running		**2 pr		
43. Socks, white athletic		6 pr		
44. Watch		*ad		
45. Washcloth		*ad		
46. Bath Towels		*ad		
47. Pajamas		*ad		
48. Civilian Sweatsuit		*ad		
49. Hangers, Clothes		*ad		
50 Toilet Articles		*ad		
51. Kevlar Helmet w/straps & cover				1
52. Alice Pack w/ straps & frame				1
53. Sleeping Bag				1
54. Sleeping mat				1
55. E-Tool w/case				1
56. Other select TA-50 items TBD				*
57. Foot Powder		*ad		
58. Insect Repellent		*ad		
59. Sunscreen		*ad		
60. Chapstick		*ad		
61. Camouflage Stick Green and Loam				1
62. 2qt. Canteen w/ Cover				1
63. Cold Weather Underwear		*ad		
64. Shelter half (no poles/pegs)				1
65. Molle Gortex Sleeping Bag Shell				1

(*ad, as desired) (**recommend 2nd pair for use during water survival training.)

Platoon TAC NCO

Signature _____

PRIVACY ACT

STATEMENT) AUTHORITY: The Privacy Act of 1984 (5 USC 552a), 10 U.S.C., 1416.34DALO (See Section 012). PRINCIPAL PURPOSE: To reflect accountability for personnel clothing by individual cadet during -WF. HQ4RAC Form 5 Mar 98.

APPENDIX H- RECOMMENDED PERSONAL MEDICAL SUPPLIES

Regiments do not receive medical supplies for issue to individual cadets. Routine personal use items such as sunscreen and chap stick will not be available for issue through logistics or the medical clinic. While over-the-counter medications are available in limited quantities in the medical clinic, it is strongly recommended you bring a personal supply from home to minimize lost training or personal time waiting to be seen in the medical clinic for minor conditions. Please remember to leave all medications in their original container so they can be clearly and easily identified as over-the-counter medications during inspections.

Things you should consider bringing to WF with you:

Pain reliever – aspirin, Tylenol (Acetaminophen) and/or Motrin (Ibuprofen)

Throat lozenges

Cough syrup

Allergy medication if you are prone to seasonal or environmental allergies

Cold medication – many cadets develop minor colds in the Ft Lewis field environment

Band-aids (assorted sizes)

Mole-skin to protect from or treat blisters

Antibiotic ointment or cream for minor cuts or abrasions

Calamine lotion or stick to reduce itching of bites or rashes

1% cortisone cream to reduce itching of bites or rashes

Sun screen (brand you have tried before to reduce chance of skin irritation)

Chap stick or lip balm

Tweezers to remove splinters

Nail clippers

Nicotine patches or gum as necessary

If you have strong allergic reactions to anything and have been issued an Anaphylaxis kit – you MUST bring the kit to WF with you. If you use it, it will be replaced by the medical clinic.

